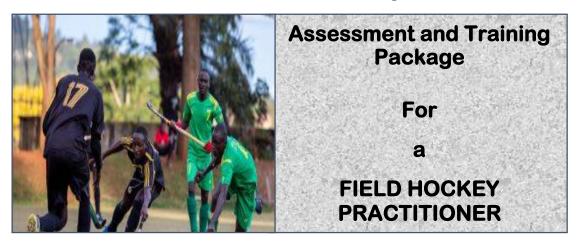


THE REPUBLIC OF UGANDA Ministry of Education and Sports

Directorate of Industrial Training



Qualification Level: 1

Occupational Cluster: Physical education

September 2020

Developed by:

Supported by:

Directorate of Industrial Training Qualifications Standards Department

Government of Uganda



Assessment and Training Package For a FIELD HOCKEY PRACTITIONER

Qualification Level: 1

Occupational Cluster: Physical Education

Directorate of Industrial Training Plot 97/99 Jinja Road/ Corner 3rd Street, P.O Box 20050, Lugogo, Kampala, Uganda Tel: +256 414 253 704; +256 312 279 344

E-mail: <u>uvqf.dit@gmail.com</u>
Web: www.dituganda.org

© Directorate of Industrial Training 2021

ISBN: 978-9913-626-73-6

ISO: 9001:2015 Certificate No.: UG92580A

All rights reserved. No reproduction or copy transmission of this publication may be made without written permission or in accordance with the provisions of the Copyright, Designs and Patents Act or under the terms of licence permitting limited copying issued by the licencing agency in Uganda. Any person who does any unauthorised act in relation to this publication may be liable to criminal prosecution and civil claims for damages.

Under BTVET Act, 2008, the functions of the Directorate of Industrial Training are:

- (a) To identify the needs of the labour market for occupational competencies that fall under the UVQF.
- (b) To regulate apprenticeship schemes.
- (c) To foster and promote entrepreneurial values and skills, as an integral part of the UVQF.
- (d) To secure adequate and sustainable financing for the efficient operations of the Directorate.
- (e) To accredit training institutions or companies as assessment centres.
- (f) To determine fees payable under the Act.
- (g) To develop, apply, expand and improve the purposeful application of Uganda vocational qualifications defined in the UVQF.
- (h) To assess and award Uganda Vocational Qualifications.
- (i) To promote on-the-job training in industry for apprenticeship, traineeship and indenture training and for other training such as further skills training and upgrading.
- (i) To prescribe the procedure for the making of training schemes.

Further to the above provisions, there is an established Uganda Vocational Qualifications Framework (UVQF), under part V of the BTVET Act, 2008. It is stated that:

The purpose of the UVQF is to;

- (a) Define occupational standards in the world of work.
- (b) Define assessment standards.
- (c) Award vocational qualifications of learners who meet the set standards of different studies.
- (d) Provide guidelines for modular training.

The UVQF shall follow principles of Competence Based Education and Training (CBET) which include:

- (a) Flexible training or learning modules.
- (b) Positive assessment and Certification.
- (c) Assessment of Prior Learning.
- (d) Recognition of formal and non-formal training.
- (e) Self-paced or individual learning.
- (f) Work place learning.

For award and recognition of certificates, the BTVET Act, 2008 provides that:

- (1) The Directorate and other examination boards established under the Act shall award certificates and diplomas for Business, Technical or Vocational Education and Training under the UVQF.
- (2) The Certificates and Diplomas to be awarded shall be in the form prescribed by the Minister on the recommendation of the Industrial Training Council.
- (3) The Certificates and Diplomas awarded under the Act shall be recognised in the Uganda education system and by the labour market.

Under the TVET Implementation Standards 2020, the proposed new mandate of the Directorate of Industrial Training shall be restricted to promoting the highest standards in the quality and efficiency of industrial training in the country and ensuring an adequate supply of properly trained manpower at all levels in the industry and the world of work.

The functions shall include:

- (a) Regulating Industrial Training and Trainers.
- (b) Developing Industrial Training Curricula.
- (c) Harmonising Curricula and Certificates of competence.
- (d) Assessing Industrial Training.
- (e) Development of Occupational Standards and Assessment and Training Packages (ATPs) for Trade Testing for the industry and world of work.
- (f) Awarding certificates in that respect.

At operational level in the Directorate, the Qualification Standards Department performs development tasks related to concepts, procedures and instruments for establishment of the UVQF in close collaboration with both public and private stakeholders in vocational training.

In particular, the Department organises and coordinates the development of Assessment and Training Packages for use in competence-based vocational training as well as standards-based assessment and certification.

The Directorate has therefore produced this Assessment and Training Package for use in implementing Competence-Based Education and Training mechanisms.

TABLE OF CONTENTS

Wo	rd from Permanent Secretary	iv
Exe	ecutive Summary	vi
Ack	knowledgement	viii
Abl	breviations and Acronyms	ix
Key	/ Definitions	x
1.0	ATP-PART I	1
	Occupational Profile for a Field Hockey Practitioner	1
2.0	ATP-PART II	8
	Training Modules for a Field Hockey Practitioner	8
3.0	ATP-PART III	19
	Assessment Instruments for a Field Hockey Practitioner	19
	Written Test Items (Samples)	21
	Performance Test Items (Samples)	28
4.0	ATP-PART IV	31
	Information on Development Process	31

Word from Permanent Secretary

The Kajubi Report (1989) and the Uganda Government White Paper on Education Review (1992) emphasised that the Uganda Secondary School Education should be vocationalised.

The World Bank Report on education in Uganda 2007 observed that although Uganda was experiencing steady economic growth on one hand, the secondary education curriculum was inadequately addressing the social and economic needs of the country on the other. The Report further noted that it is not the very top academic cadres that contribute most to the growth of the GDP but rather the competent middle level technicians that are flexible and technologically literate that the economy needs in the labour market at all levels.

Correspondingly, the NDP III 2020/21- 2024/5 highlights (i) low labour productivity (ii) high youth unemployment (38%) (iii) low transition rates from training to employment (35%) as some of the key challenges to Human Capital Development in Uganda.

In order to overcome these challenges, NDP III 2020/21- 2024/5, under objective 2 peaks the need to train the learners for the urgently needed skills and mainstream a dual education and training system. This paved way for the development of the lower secondary school vocational curriculum which supports both academic and vocational training.

The afore is in line with the Uganda Vision 2040. Under section 261, it emphasises that learners will be accorded opportunities to excel in the skills areas they are placed into. These will range from sports and cut to technical and vocational training. Hitherto, section 262 clearly states that the entire education system will be changed to emphasise practical skills, attitude and moral values.

Government of Uganda through the Ministry of Education and Sports rolled out the New Lower Secondary Curriculum in secondary schools countrywide during the first term of the academic year 2020. The overall goal of this curriculum is to produce graduates with employable skills and who are competitive in the labour market. It should be emphasised that vocational training will produce graduates who are employable. In the New curriculum, emphasis will be on equipping learners with employable skills and competencies. This will enable learners perform the requisite duties of the specified occupations. This is the reason why the lower secondary school vocational curriculum was tailored to the assessment requirements of the world of work.

Reading from the Curriculum Framework page 12, it is stated that the learners will be assessed by DIT. Upon assessment and certification, the graduates will be employable and competitive in the labour market. It's against this background that DIT, within its mandate vested in the BTVET Act, 2008 comes on board to take the lead in the development of the requisite Assessment and Training Packages (ATPs) for the various occupations that will be assessed under the Lower Secondary Curriculum.

The ATPs can be used by any training provider and/or those who wish to present themselves for Occupational Assessment and Certification.

Herewith, the Directorate of Industrial Training presents the Assessment and Training Package for training, assessment and certification of a **FIELD HOCKEY PRACTITIONER QUALIFICATION LEVEL 1.**

Finally, I thank all individuals, organisations and review partners who have contributed and/or participated in the review of this noble document.

Alex Kakooza

Permanent Secretary

Executive Summary

This Assessment and Training Package is a Competence-Based Education and Training (CBET) tool and consists of three major parts:

- 0.1 PART I: The Occupational Profile (OP) of a FIELD HOCKEY PRACTITIONER. This Occupational Profile which was reviewed by Field Hockey practitioner practicing in the world of work mirrors the duties and tasks that Field Hockey practitioners are expected to perform.
- 0.2 PART II: Training Modules in the form of guidelines to train Field Hockey practitioners both on the job as well as in training centres (or combinations of both venues of learning). The Training Modules herein have been reviewed basing on the Occupational Profile and hence are directly relevant for employment.
- 0.3 **PART III: Assessment Instruments** in the form of performance (Practical) and written (theory) test items that can and should be used to assess whether a person complies with the requirements of employment as a FIELD HOCKEY PRACTITIONER. These assessment instruments were reviewed jointly by job practitioners (Field Hockey Practitioner) and instructors based on the occupational profile and training modules.
- 0.4 While the Occupational Profile (OP) contained in PART I of this document provides the information on <u>WHAT a person is expected to do</u> competently in the world of work, the test items, including performance criteria- of PART III qualify the **HOW and/or HOW WELL a person must do the job**.
- 0.5 The modular format of the curriculum (PART II) allows learners to acquire job specific skills and knowledge (i.e. competencies) module by module. A single module can be accomplished within a relatively short duration allowing flexibility for learners to move directly into an entry level job, go for further modules or advance to higher levels of training. Modular courses allow more learners to access the training system because training centres as well as companies can accommodate more learners in a given period of time.
- 0.6 In addition to improved access, equity and relevance of BTVET, the UVQF will also enable people who are convinced to have acquired competencies laid down in this ATP through prior training and on-the-job experience to access assessment and certification directly; be it on the basis of a single module, a group of modules or all modules pertaining to the occupation at once. This achievement will facilitate Recognition of Prior Learning (RPL).

- 0.7 The parts of this Assessment and Training Package were sequentially reviewed as follows:
 - i Part 1: Occupational Profile: August 2020
 - ii Part 2: Training Modules: August 2020
 - iii Part 3: Assessment Instruments (initial bank): August 2020

This ATP (or parts of it) may be periodically revised to match the dynamic trends in the occupation and hence issued in different versions.

DIT takes responsibility of any shortcomings that might be identified in this publication and welcomes suggestions for effectively addressing the inadequacies. The suggestion can be communicated to DIT through P.O. Box 20050, Kampala or through email uvaf.dit@gmail.com.

Patrick Byakatonda

Ag Director

Acknowledgement

The Qualifications Standards Department of DIT acknowledges the valuable contributions to the review of this Assessment and Training Package by the following persons, Institutions and organisations:

- Members of the DIT Industrial Training Council.
- · The Director and staff of DIT.
- Ministry of Education and Sports.
- The practitioners from the world of work.
- Teachers and instructors of Field Hockey from various secondary schools.
- Physical Education Curriculum Specialists from NCDC.
- Examination specialists from UNEB.
- The facilitators involved in guiding the development panels in their activities.
- The Government of Uganda for financing the development of this ATP.

Abbreviations and Acronyms

A&C Assessment and Certification

ATP Assessment and Training Packages

CBET Competency Based Education and Training

DIT Directorate of Industrial Training

ITC Industrial Training Council
GoU Government of Uganda

LWA Learning-Working Assignment

MC Modular Curriculum

MoES Ministry of Education and Sports

OP Occupational Profile
PEX Practical Exercise

PTI Performance (Practical) Test Item

QS Qualification Standards

RPL Recognition of Prior Learning

TIB Test Item Bank

TVET Technical, Vocational, Education and Training

UVQ Uganda Vocational Qualification

UVQF Uganda Vocational Qualifications Framework

WTI Written (Theory) Test Item

Key Definitions

Assessment Assessment is the means by which evidence is gathered and

judged to decide if an individual has met the stipulated assessment standards or not. Testing is a form of formal

assessment.

Certification Certification is a formal procedure to issue a certificate

(qualification) to an individual that has demonstrated during formal assessment that he/she is competent to perform the

tasks specified in the Occupational Profile.

Competence Integration of skills, knowledge, attitudes, attributes and

expertise in doing /performing tasks in the world of work to a

set standard.

Competency (Occupational) competence is understood as the ability to perform

tasks common to an occupation at an acceptable level.

CBET Competence-Based Education and Training means that

programs:

- 1. have content directly related to work
- 2. focus is on 'doing something well'
- 3. assessment is based upon industry work standards, and
- 4. curricular are developed in modular form

Duty A duty describes a large area of work in performance terms. A

duty serves as a title for a cluster of related Tasks (see also:

TASK).

Learning-Working Assignment (LWA) LWAs are simulated or real job situations / assignments that are suitable for learning in a training environment (e.g. "small projects"). In a working environment, LWAs are real work situations /assignments.

Modules are part(s) of a curriculum. Modules can be

considered as "self-contained" partial qualifications which are described by learning outcomes or competencies and which

can be assessed and certified individually.

Occupational Profile (OP)

An Occupational Profile is an overview of the duties and tasks a job incumbent is expected to perform competently in employment.

Occupational Profiles developed by practitioners from the world of work enhance the relevance of training and learning to the requirements of the world of work.

Occupational Profiles define what a person is supposed to do in performance terms. It also contains generic information regarding related knowledge and skills, attitudes/behavior, tools, materials and equipment required to perform as well as trends/ concerns in the occupation.

Occupational profiles are the reference points for developing modular curricular and assessment standards.

Qualification A qualification is a formal recognition for demonstrating competence, based on formal assessment against set standards. A qualification is provided to the individual in form of a certificate specifying the nature of the competence.

Task

Job tasks represent the smallest unit of job activities with a meaningful outcome. Tasks result in a product, service, or decision. They represent an assignable unit of work and have a definite beginning and ending point. Tasks can be observed and measured. (Also see: Duty)

1.0 ATP-PART I

Occupational Profile for a FIELD HOCKEY PRACTITIONER

- 1.1 The occupational profile (OP) for "Field Hockey Practitioner" below defines the **Duties** and **Tasks** a competent Field Hockey Practitioner is expected to perform in the world of work (on the job) in Uganda and the East African region today.
- 1.2 Since it reflects the skill requirements of work life, the Occupational Profile is the reference document for the subsequent development of training modules and assessment instruments (test items) which are directly relevant to employment in Ugandan and the East African businesses and industries.
- 1.3 To ensure that the Occupational Profile is relevant for employment in Uganda and East Africa, the DIT used the method of "occupational/job profiling.
 - This approach involves the brainstorming of a panel of 8 to 12 competent job practitioners guided by trained and experienced facilitators. During a two-day workshop the panelists defined the duties and tasks performed in employment, as well as the prerequisite skills, knowledge, attitudes, tools and equipment, and the future trends and concerns in the occupation/job.
- 1.4 The panelists, facilitators and coordinators who participated in developing this Occupational Profile are listed on the following page.

Job Expert Panel

Mukiibi Charles NCDC

Tumusiime Geoffrey Mbarara City

Nansubuga Florence King's College Buddo

Mugisha Christopher B Old Kampala S.S

Nashimolo Michael Gayaza High School

Kagera Aisha Katerega Uganda Hockey Association

Kasasa Vincent Arnold Hockey Federation

Mbabali Ronald Holy Family S.S.S

Tushabe Jonan Seeta High School Main

Gwom Robert Mt. St Mary's Namagunga

Co-ordinator

Mukyala Ruth Elizabeth

Directorate of Industrial Training

Facilitators
Ainembabazi Faith
Directorate of Industrial Training

Babirye PamelaDirectorate of Industrial Training

Funded by
The Government of Uganda



Directorate of Industrial Training

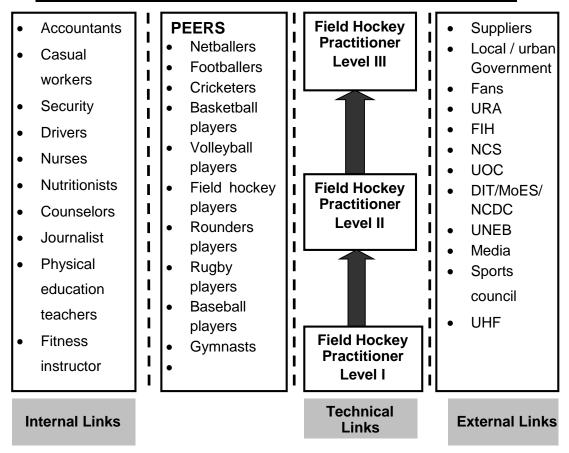
Occupational Profile For a "FIELD HOCKEY PRACTITIONER"

Dates of workshop: 7th-11th September 2020

NOMENCLATURE FOR THE OCCUPATION OF FIELD HOCKEY PRACTITIONER

Definition: A Field Hockey Practitioner is a person who has the competence of playing, coaching, organising, managing and developing the Field Hockey game.

JOB ORGANISATION CHART FOR A FIELD HOCKEY PRACTITIONER



Descriptions for the levels in the occupation of 'Field Hockey Practitioner'

UVQ Level I Field Hockey Practitioner: is a person who has the competences

of playing hockey and perform game

supporting activities.

UVQ Level II Field Hockey Practitioner: is a person who has competences and

competency of organising and officiating the Hockey game.

UVQ Level III Field Hockey Practitioner: is a person who has competences and

competency of coaching and managing

the hockey game.

Duties and Tasks

A. PLAN GAME	A 1	Identify suitable field	A2	Identify resources	А3	Prepare a budget
	A4	Identify tools and equipment	A5	Mobilise tools and equipment	A6	Develop game schedule
B. PREPARE FIELD	B1	Clear site	B2	Level field	В3	Construct drainage system
	B4	Measure field	B5	Demarcate and mark field	В6	Erect goal posts
C. FORM TEAM	C1	Scout players	C2	Recruit players	C3	Select players
	C4	Train players	C5	Appraise players	C6	Assign roles
D. PLAY HOCKEY	D1	Perform warm ups	D2	Perform grips	D3	Dribble ball
	D4	Goal keep	D5	Stop and receive ball	D6	Gain possession of the ball
	D7	Pass ball	D8	Shoot ball	D9	Tackle ball
	D10	Intercept ball	D11	Trap ball	D12	2 Perform cool down
E. OFFICIATE GAME	E1	Inspect field	E2	Inspect players	E3	Start and restart game
	E4	Enforce rules and regulations	E5	Discipline players and team officials	E6	Score results
	E7	Take records				
·						

D. PERFORM ADMINISTRATIVE TASKS	F1 Advertise vacancies	F2 Recruit workers	F3 Appoint workers
	F4 Mobilise resources	F5 Register team	F6 Pay tax
	F7 Advertise game	F8 Manage welfare	F9 Keep records
	F10 Supervise work	F11 Attend meetings	F12 Schedule competitions
	F13 Coordinate game schedules	F14 Pursue continuous professional development	F15 Make fixtures
			
E. MAINTAIN FIELD	G1 Re-mark faded lines	G2 Trim grass	G3 Mow playing surface
	G4 Water and press field	G5 Re-sand playing surface	G6 Clean the playing field and pavilion
	G7 Remove obstacles	G8 Unblock drainage system	
			T
F. PERFORM OCCUPATION AL HEALTH,	H1 Carry out risk assessment	H2 Prepare first aid equipment	H3 Wear protective gears
SAFETY AND ENVIRONMENT AL PROTECTION	H4 Keep medical records	H5 Observe personal hygiene	H6 Manage waste
PRACTICES	H7 Administer first aid	H8 Ensure proper nutrition	H9 Adhere to anti-doping rules
	H10 Sensitise workers on health issues		

Additional Information

Generic Knowledge and Skills

- 1. Resource mobilisation
- 2. Public relations
- 3. Environmental changes
- 4. Safety, health and environment
- Tools, equipment and implement usage, operation and maintenance
- 6. Problem solving
- 7. Counselling and guidance
- 8. Time management
- 9. Field measurements
- 10. Inter-personal relations
- 11. Communication skills
- 12. Analytical skills

- Business and customer service skills
- 14. Human resource management
- 15. Cleaning skills
- 16. Planning skills
- 17. Leadership skills
- 18. Social skills
- Design and construction of structures
- 20. Staff training and mentoring
- 21. Taxation
- 22. Rules and regulations of the game
- 23. Outstanding performance records

Tools, equipment and materials

- 1. Hockey stick
- 2. Hockey ball
- 3. Helmet
- 4. Goal anchors/ stones
- 5. Sand
- 6. Cement
- 7. Wire mesh
- 8. Sprinklers
- 9. Grass
- 10. Paint
- 11. Ruler
- 12. Scrubbing brush
- 13. Mowing machine
- 14. Tape measure
- 15. Water
- 16. Waste bin
- 17. Rubber
- 18. Goal nets
- 19. Cones
- 20. First aid kit
- 21. Towels

- 22. Metallic poles
- 23. Jerseys
- 24. Stationery
- 25. Brooms
- 26. Timer
- 27. Wood/timber
- 28. Training bibs
- 29. Whistle
- 30. Umpire cards
- 31. Gloves
- 32. Sports shoes
- 33. Shin guards
- 34. Knee pads
- 35. Chest protector
- 36. Mouth guards
- 37. Arm pads
- 38. Catcher gloves
- 39. Leg pads
- 40. Blocker gloves
- 41. Slasher

Attitudes / Traits / Behaviors

- 1. Organised
- 2. Respectful
- 3. Knowledgeable
- 4. Team player
- 5. Dedicated
- 6. Self-motivated
- 7. Punctual/time manager
- 8. Innovative and creative
- 9. Disciplined
- 10. Social
- 11. Realistic
- 12. Honest
- 13. Polite
- 14. Physically fit
- 15. Hard working
- 16. Resourceful
- 17. Good listener
- 18. Good decision maker
- 19. Trainable
- 20. Empathetic
- 21. Flexible
- 22. Risk taker/risk averse
- 23. Patient
- 24. Tolerant
- 25. Healthy
- 26. Committed

Future Trends and Concerns

- 1. Market the game
- 2. Climate changes
- 3. Use of ICT
- 4. Adaption of new technology
- 5. Price fluctuation
- 6. Access to finances
- 7. Financial literacy
- 8. Access to experts
- 9. Access to policies and acts
- 10. Taxes
- 11. Lack of role models
- 12. Benchmark good practices
- 13. Popularise the game
- 14. Inadequate supply of equipment
- 15. Forming field hockey associations
- 16. Inadequate management skills
- 17. Customer care
- 18. Inadequate networking and linkages
- 19. Inadequate play facilities
- 20. Limited exposure
- 21. Limited publicity
- 22. Insufficient qualified human resources

2.0 ATP - PART II

Training Modules for a FIELD HOCKEY PRACTITIONER

- 2.1 A curriculum is a "guide /plan for teaching and learning" which provides a guide to teachers, instructors and learners. In the envisaged system of competence-based or outcome-oriented education and training (CBET), curricular are no longer the benchmark against which assessment is conducted. It is rather the Occupational Profile that provides the benchmark for curriculum development as well as assessment.
- 2.2 This modular format of the curriculum allows learners of Field Hockey Practitioner to acquire job specific skills and knowledge (i.e. competencies) module by module. A single module can be accomplished within a relatively short duration allowing learners to move directly into an entry level job, do further modules and advance to higher levels of training. Modular courses allow more learners to access the training system because training centres, as well as companies can accommodate more learners in a given period of time.
- 2.3 The modules were developed jointly by both instructors and job practitioners. They were developed using the Occupational Profile as a reference point and taking into account the specifications of training and learning outcomes.
- 2.4 The modules contain "Learning-Working Assignments" (LWAs) and related "Practical Exercises" (PEXs) as key elements.
 - LWAs are simulated or real job situations/assignments that are suitable for learning in a training environment (e.g. "small projects"). In a working environment, LWAs are real work situations.
 - PEXs are therefore sub-sets of a LWA.
- 2.5 In principle, and following the philosophy of Competence-Based Education and Training (CBET), the modules can be used as a guide for learning in a training centre, at the workplace; or a combination of both.

WHO IS A FIELD HOCKEY PRACTITIONER QUALIFICATION LEVEL 1?

A Field Hockey Practitioner Level I is a person who has the competences of playing hockey and perform game supporting activities.

TRAINING MODULES FOR A FIELD HOCKEY PRACTITIONER UVQ LEVEL 1

Code	Module Title	Average duration	
		Contact hours	Weeks
UE/FH/M1.1	Play Hockey	240	6
UE/FH/M1.2	Manage Field, Tools and Equipment	240	6
UE/FH/M1.3	Perform Entrepreneurial Tasks	160	4
Summary	3 Training Modules	640 hours	16 weeks

Note: Average duration is contact time but NOT calendar duration

It is assumed that:

- 1 day is equivalent to 8 hours of nominal learning and
- 1 month is equivalent to 160 hours of nominal learning

Information given on the average duration of training should be understood as a guideline. Quick learners may need less time than indicated or vice versa.

At completion of a module, the learner should be able to satisfactorily perform the included Learning Working Assignments, their Practical exercises and attached theoretical instructions, as the minimum exposure.

Prior to summative assessment by a recognised agencies, the users of these Modules Guides are encouraged to carefully consider continuous assessment using samples of (or similar) performance (practical) and written test items available in part 3 of this ATP.

Code	UE/FH/M1.1
Module title	M1.1: Play Hockey
Related Qualification	Part of Uganda Vocational Qualification (Field Hockey Practitioner UVQ1)
Qualification Level	1
Module purpose	After completion of this module, the trainee shall be able to play Hockey.
Learning-Working Assignments (LWAs)	LWA 1/1: Prepare for the Game LWA 1/2: Perform Grips LWA 1/3: Move/Pass Ground Ball LWA 1/4: Move/Pass Aerial Ball LWA 1/5: Stop and Receive the Ball LWA 1/6: Move with the Ball LWA 1/7: Perform Tackling LWA 1/8: Shoot at a Goal LWA 1/9: Perform Goal Keeping LWA 1/10: Perform Offensive Tactics LWA 1/11: Perform Defensive Tactics LWA 1/12: Perform Occupational Health, Safety and Environmental Protection Practices Note: 1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer is advised to deliver relevant theoretical instruction with demonstrations as required to perform each Learning Working Assignment.
Related Practical Exercises (PEXs)	LWA 1/1: Prepare for the Game PEX 1.1: Identify and sort or select tools and equipment to be used PEX 1.2: Wear protective gear appropriately PEX 1.3: Select the facility, tools and equipment PEX 1.4: Perform warm up LWA 1/2: Perform Grips PEX 2.1: Perform basic grip PEX 2.2: Perform double V grip PEX 2.3: Perform one handed grip PEX 2.4: Perform pancake grip PEX 2.5: Perform short handle grip LWA 1/3: Move/Pass Ground Ball PEX 3.1: Push the ball with fore hand

UVQF: Assessment and Training Package (ATP) for a FIELD HOCKEY PRACTITIONER QUALIFICATION LEVEL: 1 September 2020

QUALIFICATION LEVEL: 1	1	September 2020
	PEX 3.2:	Push the ball with reverse/back hand
		Hit the ball
		Slap the ball with fore hand
		Slap the ball with back hand
	PEX 3.6:	Sweep the ball with fore hand
	PEX 3.7:	Sweep the ball with reverse hand
	LWA 1/4:	Move/Pass Aerial Ball
	PEX 4.1	Flick the ball
	PEX 4.2:	Scoop the ball
Related Practical	LWA 1/5:	Stop and Receive the Ball
Exercises (PEXs)	PEX 5.1:	Receive ground balls on fore hand
	PEX 5.2:	Receive ground balls on reverse/back hand
	PEX 5.3:	Receive aerial balls on fore hand
	PEX 5.4:	Receive aerial balls or reverse hand
	LWA 1/6:	Move with the Ball
	PEX 6.1:	Roll the ball
	PEX 6.2:	Tap the ball
	PEX 6.3:	Perform speed dribble
	PEX 6.4:	Perform Indian dribble
	PEX 6.5:	Perform power dribble
	PEX 6.6:	Perform spine dribble
	LWA 1/7:	Perform Tackling
		Perform Tackling Jab the ball
	PEX 7.1:	_
	PEX 7.1: PEX 7.2:	Jab the ball
	PEX 7.1: PEX 7.2: PEX 7.3:	Jab the ball Perform fore hand block tackle
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.4:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.4: PEX 8.5:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot Perform a dive shot
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.4: PEX 8.5: LWA 1/9:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot Perform a dive shot Perform a chip shot
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.4: PEX 8.5: LWA 1/9: PEX 9.1:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot Perform a dive shot Perform a chip shot Perform Goal Keeping
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.4: PEX 8.5: LWA 1/9: PEX 9.1: PEX 9.2:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot Perform a dive shot Perform a chip shot Perform Goal Keeping Take position
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.4: PEX 8.5: LWA 1/9: PEX 9.1: PEX 9.2: PEX 9.3:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot Perform a dive shot Perform a chip shot Perform Goal Keeping Take position Perform a block save for ground balls/shots
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.5: LWA 1/9: PEX 9.1: PEX 9.2: PEX 9.3: PEX 9.4:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot Perform a dive shot Perform a chip shot Perform Goal Keeping Take position Perform a block save for ground balls/shots Perform a lung save for ground balls/shots
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.4: PEX 8.5: LWA 1/9: PEX 9.1: PEX 9.2: PEX 9.3: PEX 9.4: PEX 9.5:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot Perform a dive shot Perform a chip shot Perform Goal Keeping Take position Perform a block save for ground balls/shots Perform a split save for ground balls/shots
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.4: PEX 8.5: LWA 1/9: PEX 9.1: PEX 9.2: PEX 9.3: PEX 9.4: PEX 9.5: PEX 9.6:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot Perform a dive shot Perform a chip shot Perform Goal Keeping Take position Perform a block save for ground balls/shots Perform a split save for ground balls/shots Perform a stick dive save for ground balls/shots
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.4: PEX 8.5: LWA 1/9: PEX 9.1: PEX 9.2: PEX 9.3: PEX 9.4: PEX 9.5: PEX 9.5: PEX 9.7:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot Perform a dive shot Perform a chip shot Perform Goal Keeping Take position Perform a block save for ground balls/shots Perform a split save for ground balls/shots Perform a stick dive save for ground balls/shots Perform glove save for aerial balls/shots
	PEX 7.1: PEX 7.2: PEX 7.3: LWA 1/8: PEX 8.1: PEX 8.2: PEX 8.3: PEX 8.5: LWA 1/9: PEX 9.1: PEX 9.2: PEX 9.3: PEX 9.4: PEX 9.5: PEX 9.6: PEX 9.7: PEX 9.8:	Jab the ball Perform fore hand block tackle Perform reverse hand block tackle Shoot at a Goal Perform a quick hit shot Perform the deflection shot Perform edge shot Perform a dive shot Perform a chip shot Perform Goal Keeping Take position Perform a block save for ground balls/shots Perform a split save for ground balls/shots Perform a stick dive save for ground balls/shots Perform glove save for aerial balls/shots Perform glove save for aerial shots/balls

	PEX 9.10: Perform a punch clear for ground shots	
	PEX 9.11: Perform a drop kick clear for aerial shots	
	PEX 9.12: Perform a punt kick clear for aerial shots	
	LWA 1/10: Perform Offensive Tactics	
	PEX 10.1: Maintain ball possession	
	PEX 10.2: Cut the ball into free space	
	PEX 10.3: Penetrate the shortest line to the goal	
	PEX 10.4: Pass while moving	
	PEX 10.5: Go one on one	
	PEX 10.6: Perform ball check	
	PEX 10.7: Perform drop step	
	LWA 1/11: Perform Defensive Tactics	
	PEX 11.1: Intercept the ball	
	PEX 11.1: Intercept the ball PEX 11.2: Control and balance	
	PEX 11.3: Block dangerous areas PEX 11.4: Defensive stance	
	PEX 11.5: Channel the ball	
	PEX 11.6: Tackle the ball	
	LWA 1/12: Perform Occupational Health, Safety and Environmental Protection Practices	
	PEX 12.1: Wear protective gear	
	PEX 12.2: Clean and disinfect tools and equipment	
	PEX 12.3: Manage waste	
	PEX 12.4: Sensitise workers on key health issues	
	PEX 12.5: Administer first aid	
Occupational health and safety	Precautions, rules and regulations on occupational health, safety and environmental protection, included in the listed related knowledge should be observed and demonstrated during LWAs and PEXs	
Pre-requisite modules	None	
Related knowledge/ theory	For occupational theory suggested for instruction/ demonstration, the trainer is not limited to the outline below. In any case, related knowledge/ theory may be obtained from various recognised reference materials as appropriate:	
	 Team composition Common injuries Nutrition management for a player Creative use of space while playing (width and depth) Types of shots Offensive and defensive tactics Skills in gaining possession of the ball e.g. block tackle, shave skill, reverse tackling and jab skill etc. 	

UVQF: Assessment and Training Package (ATP) for a FIELD HOCKEY PRACTITIONER QUALIFICATION LEVEL: 1 September 2020

Average duration of learning	 240 hours (30 days) of nominal learning suggested to include: 10 days of occupational theory and 20 days of occupational practice
Suggestions on organisation of learning	The acquisition of competencies (skills, knowledge, attitudes) described in this module may take place at a training centre or its equivalent provided all equipment and materials required for training are in place.
Assessment	Assessment to be conducted according to established regulations by a recognised assessment body using related practical and written test items from item bank.
Minimum required tools/ equipment/ implements or equivalent	hockey stick, helmets, gloves, hockey ball, nets, cones, whistle, timer, first aid kit.
Minimum required materials and consumables or equivalent	stationery (record books, pens etc.), water, first aid materials
Special notes	Cater for people with disability Form and play in teams to observe and master the skills

Module title M1.2: Manage Field, Tools and Equipment
Qualification Uganda Vocational Qualification (Field Hockey Practitioner UVQ1) Qualification Level After completion of this module, the trainee shall be able to manage Hockey field, tools and equipment Learning-Working Assignments (LWA 2/1: Setup Hockey Field LWA 2/2: Maintain Hockey Field LWA 2/3: Maintain Tools and Equipment LWA 2/4: Perform Occupational Health Safety and Environmental Protection Practices Note: 1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer/instructor is advised to deliver relevant theoretical instruction with demonstrations as required to perform each Learning Working Assignment. Related Practical Exercises (PEXs) Related Practical PEX 1.1: Clear site PEX 1.2: Measure field PEX 1.3: Demarcate play ground
After completion of this module, the trainee shall be able to manage Hockey field, tools and equipment Learning-Working Assignments (LWA 2/1: Setup Hockey Field LWA 2/2: Maintain Hockey Field LWA 2/3: Maintain Tools and Equipment LWA 2/4: Perform Occupational Health Safety and Environmental Protection Practices Note: 1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer/instructor is advised to deliver relevant theoretical instruction with demonstrations as required to perform each Learning Working Assignment. Related Practical Exercises (PEXs) LWA 2/1: Setup Hockey Field PEX 1.1: Clear site PEX 1.2: Measure field PEX 1.3: Demarcate play ground
Learning-Working Assignments (LWA 2/1: Setup Hockey Field LWA 2/2: Maintain Hockey Field LWA 2/3: Maintain Tools and Equipment LWA 2/4: Perform Occupational Health Safety and Environmental Protection Practices Note: 1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer/instructor is advised to deliver relevant theoretical instruction with demonstrations as required to perform each Learning Working Assignment. Related Practical Exercises (PEXs) LWA 2/1: Setup Hockey Field PEX 1.1: Clear site PEX 1.2: Measure field PEX 1.3: Demarcate play ground
LWA 2/2: Maintain Hockey Field LWA 2/3: Maintain Tools and Equipment LWA 2/4: Perform Occupational Health Safety and Environmental Protection Practices Note: 1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer/instructor is advised to deliver relevant theoretical instruction with demonstrations as required to perform each Learning Working Assignment. Related Practical Exercises (PEXs) LWA 2/1: Setup Hockey Field PEX 1.1: Clear site PEX 1.2: Measure field PEX 1.3: Demarcate play ground
LWA 2/3: Maintain Tools and Equipment LWA 2/4: Perform Occupational Health Safety and Environmental Protection Practices Note: 1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer/instructor is advised to deliver relevant theoretical instruction with demonstrations as required to perform each Learning Working Assignment. Related Practical Exercises (PEXs) LWA 2/1: Setup Hockey Field PEX 1.1: Clear site PEX 1.2: Measure field PEX 1.3: Demarcate play ground
LWA 2/4: Perform Occupational Health Safety and Environmental Protection Practices Note: 1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer/instructor is advised to deliver relevant theoretical instruction with demonstrations as required to perform each Learning Working Assignment. Related Practical Exercises (PEXs) LWA 2/1: Setup Hockey Field PEX 1.1: Clear site PEX 1.2: Measure field PEX 1.3: Demarcate play ground
Environmental Protection Practices Note: 1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer/instructor is advised to deliver relevant theoretical instruction with demonstrations as required to perform each Learning Working Assignment. Related Practical Exercises (PEXs) LWA 2/1: Setup Hockey Field PEX 1.1: Clear site PEX 1.2: Measure field PEX 1.3: Demarcate play ground
1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer/instructor is advised to deliver relevant theoretical instruction with demonstrations as required to perform each Learning Working Assignment. Related Practical Exercises (PEXs) LWA 2/1: Setup Hockey Field PEX 1.1: Clear site PEX 1.2: Measure field PEX 1.3: Demarcate play ground
Related Practical Exercises (PEXs) LWA 2/1: Setup Hockey Field PEX 1.1: Clear site PEX 1.2: Measure field PEX 1.3: Demarcate play ground
PEX 1.1: Clear site PEX 1.2: Measure field PEX 1.3: Demarcate play ground
PEX 1.2: Measure field PEX 1.3: Demarcate play ground
PEX 1.3: Demarcate play ground
PEX 1.4: Erect a goal post
LWA 2/2: Maintain Hockey Field PEX 2.1: Mow playing surface
PEX 2.1. Wow playing surface PEX 2.2: Press playing surface
PEX 2.3: Water/re-sand the playing surface
PEX 2.4: Clean the play field and pavilion
PEX 2.5: Drain water
PEX 2.6: Re-mark faded lines on the field
LWA 2/3: Maintain Tools and Equipment
PEX 3.1: Prepare maintenance schedule
PEX 3.2: Identify tools and equipment
PEX 3.3: Procure tools and equipment
PEX 3.4: Store tools and equipment
PEX 3.5: Identify faulty or damaged tools and equipment
PEX 3.6: Replace broken tools and equipment PEX 3.7: Repair broken tools and equipment
PEX 3.8: Service tools and equipment

QUALIFICATION LEVEL: 1	September 2020
	PEX 3.9: Keep inventory
	PEX 3.10: Keep maintenance records
	LWA 2/4: Perform Occupational Health Safety and Environmental Protection Practices
	PEX 4.1: Wear protective gear
	PEX 4.2: Administer first aid
	PEX 4.3: Observe personal hygiene
	PEX 4.4: Observe bio-safety and security practices
	PEX 4.5: Display safety signs and precautions notes
Occupational health and safety	Precautions, rules and regulations on occupational health, safety and environmental protection, included in the listed related knowledge should be observed and demonstrated during LWAs and PEXs.
Pre-requisite modules	None
Related knowledge/ theory	For occupational theory suggested for instruction/ demonstration, the trainer is not limited to the outline below. In any case, related knowledge/ theory may be obtained from various recognised reference materials as appropriate:
	 Usage of cleaning leveling and measuring tools Standard measurements and dimensions for a Hockey field Type of grass to be used Managerial skills
	Usage of First Aid kit
Average duration of learning	240 hours (30 days) of nominal learning suggested to include:
	10 days of occupational theory and20 days of occupational practice
Suggestions on organisation of learning	The acquisition of competencies (skills, knowledge, attitudes) described in this module may take place at a training centre or its equivalent provided all equipment and materials required for training are in place.
Assessment	Assessment to be conducted according to established regulations by a recognised assessment body using related practical and written test items from item bank.
Minimum required tools/ equipment/ implements or equivalent	tape measure, slasher, ruler, waste bin, scrubbing brush, broom, first aid kit, computers, mowing machine
Minimum required materials and consumables or equivalent	cement, sand, grass, detergent, paint, water, stationery
Special notes	

Code	UE/FHP/M 3.1
Module title	M1.3: Perform Entrepreneurship Tasks
Related Qualification	Part of Uganda Vocational Qualification (Field hockey Practitioner UVQ1)
Qualification Level	1
Module purpose	After completion of this module, the trainee shall be able to establish a Field Hockey enterprise and maintain it.
Learning-Working Assignments (LWAs)	LWA 3/1: Establish Hockey Enterprise LWA 3/2: Market Game LWA 3/3: Maintain Enterprise
	LWA 3/4: Perform Occupational Health Safety and Environmental Protection Practices
	 Note: 1. The learning exercises may be repeated until the trainee acquires targeted competence; 2. The trainer is advised to deliver relevant theoretical instruction with demonstrations as required to perform each Learning Working Assignment.
Related Practical Exercises (PEXs)	PEX 1.1: Conduct feasibility study PEX 1.2: Set up an organisation structure PEX 1.3: Make budget PEX 1.4: Mobilise resources PEX 1.5: Recruit staff PEX 1.6: Register enterprise PEX 1.7: Design enterprise logo PEX 1.8: Procure tools equipment and material PEX 1.9: Develop work plan LWA 3/2: Market Game PEX 2.1: Advertise game PEX 2.2: Partner with corporate bodies PEX 2.3: Brand game PEX 2.4: Brand players PEX 2.5: Form clubs
	PEX 2.6: Sell hockey items and accessories PEX 2.7: Carryout community outreaches

	September 2020	
	LWA 3/3: Maintain Enterprise	
	PEX 3.1: Keep records	
	PEX 3.2: Network with peers	
	PEX 3.3: Manage human resource	
	PEX 3.4: Prepare portfolio	
	LWA 3/4: Perform Occupational Health Safety and Environmental Protection Practices	
	PEX 4.1: Manage waste	
	PEX 4.2: Sensitise workers on key health issues	
	PEX 4.3: Wear protective gear	
	PEX 4.4: Administer first aid	
	PEX 4.5: Train workers on health and safety issues	
Occupational health and safety	Precautions, rules and regulations on occupational health, safety and environmental protection, included in the listed related knowledge should be observed and demonstrated during LWAs and PEXs.	
Pre-requisite modules	None	
Related knowledge/ theory	demonstration, the trainer is not limited to the outline below. In any case, related knowledge/ theory may be obtained from various recognised reference materials as appropriate: Record keeping Rules of the game Communication skills Business skills Club structures and clubs as an enterprise Rules and regulations governing sports enterprises Corporate behavior or partnering with corporate bodies, sponsors and other potential partners	
Average duration of learning	160 hours (20 days) of nominal learning suggested to include:	
	7 days of occupational theory and	
	13days of occupational practice	
Suggestions on organisation of learning	The acquisition of competencies (skills, knowledge, attitudes) described in this module may take place at a training centre or its equivalent provided all equipment and materials required for training are in place.	
Assessment	Assessment to be conducted according to established regulations by a recognised assessment body using related practical and written test items from item bank.	
Minimum required tools/ equipment/ implements or equivalent	helmets, gloves, mouth guards, hockey balls, cones, whistle, watch/timer, projectors, computer, camera, first aid kit	

UVQF: Assessment and Training Package (ATP) for a FIELD HOCKEY PRACTITIONER QUALIFICATION LEVEL: 1 September 2020

Minimum required materials and consumables or equivalent	record books, pens, water, first aid materials
Special notes	

3.0 ATP- PART III

Assessment Instruments for a FIELD HOCKEY PRACTITIONER

- 3.1 **Assessment** of occupational competence is the procedure by which evidence is gathered and judged to decide if an individual (candidate) has met the stipulated assessment standards.
- 3.2 Assessment of occupational competence should comprise of both practical (performance) testing and written (theory/knowledge) testing.
- 3.3 Based on the Occupational Profile and Training Modules, a combined panel of job practitioners and instructors developed a substantial number of test items for assessing (practical) performance as well as items for assessing occupational knowledge (theory) all stored in an electronic Test Item Bank (TIB) at the Directorate of Industrial Training.
- 3.4 Performance (Practical) Test Items (PTI) are closely related to typical work situations in Ugandan business enterprises .They comprise of a test assignment for candidates and assessment criteria and/or scoring guides for assessors' use.
- 3.5 Written Test items (WTI) for written testing of occupational theory (knowledge) are presented in different forms which include:
 - Short answer test items,
 - Multiple choice test items and,
 - Matching test items.

These WTIs herein focus on functional understanding as well as troubleshooting typically synonymous with the world of work.

- 3.6 Composition of assessment/test papers will always require good choices of different types of WTI in order to ensure the assessment of relevant occupational knowledge required of candidates to exhibit competence.
- 3.7 The test items contained in the Test Item Bank may be used for continuous/formative assessment during the process of training as well as for summative assessment of candidates who have acquired their competences non-formally or informally.
- In this document, samples of test items for assessing both performance (practical) and occupational knowledge (theory) of a FIELD HOCKEY PRACTITIONER are included.

3.9 Overview of Test Item Samples Included

No	Type of test Items	Numbers included
1	Written (Theory)- short answer	2
2.	Written (Theory)- multiple choice	2
3.	Written (Theory)- matching with generic	2
4.	Written (Theory)- matching with work sequence	1
5.	Performance (Practical) test items	1
Total		8

WRITTEN TEST ITEMS (SAMPLES)

DIT/ QS	Test Item Database Written (Theory) Test Item- No. 1			
Occupational Title:	Field Hockey Practitioner			
Competence level:	Level 1			
Code no.	UE/FHP/M 1.1			
Test Item type:	Short answer	ort answer		
	Multiple choice			
	Matching item	Generic	Cause- Effect	Work- sequence
Complexity level:	C1			
Date of OP:	September 2020			
Related Module:	M1.1			
Time allocation:	3 minutes			

Test Item	Outline three equipment required for a Field Hockey player	
Answer spaces	(i) (ii) (iii) (iv)	
Expected key (answers)	(i) Sports wear (ii) Hockey stick (iii) Hockey ball (iv) Shin guard (v) Helmet (vi) Knee pads (vii) Chest protector (viii)Gloves	

DIT/ QS	Test Item Database Written (Theory) Test Item- No. 2			
Occupational Title:	Field Hockey Practitioner			
Competence level:	Level 1			
Code no.	UE/FHP/M 1.1			
Test Item type:	Short answer	$\sqrt{}$		
	Multiple choice			
	Matching item	Generic	Cause- Effect	Work- sequence
Complexity level:	C2			
Date of OP:	September 2020			
Related Module:	M1.1			
Time allocation:	3 minutes			

Test Item	List four ways a ball can be moved in the field during a game	
Answer spaces	(i)	
Expected key (answers)	(i) By hitting (ii) By pushing (iii) By flicking (iv) By scooping (v) By slapping (vi) By sweeping	

DIT/ QS	Test Item Database Written (Theory) Test Item- No. 3			
Occupational Title:	Field Hockey Practitioner			
Competence level:	Level 1			
Code no.	UE/FHP/M 1.1			
	Short answer			
	Multiple choice √			
Test Item type:	Matching item	Generic	Cause- Effect	Work- sequence
Complexity level:	C3			
Date of OP:	September 2020			
Related modules:	M1.1			
Time allocation:	2 minutes			

Test Item	Which of the following penalty is awarded for the obstruction of an opponent by a defender within a 23m area?
Distractors and correct answer	A. Penalty strokeB. Penalty cornerC. Free hit to the defenseD. Free hit to the attack

Key (answer)	В
--------------	---

DIT/ QS	Test Item Database Written (Theory) Test Item- No. 4			
Occupational Title:	Field Hockey Practitioner			
Competence level:	Level 1			
Code no.	UE/FHP/M 1.3			
Test Item type:	Short answer			
	Multiple choice	$\sqrt{}$		
	Matching item	Generic	Cause- Effect	Work- sequence
Complexity level:	C 2			
Date of OP:	September 2020			
Related module:	M1.3			
Time allocation:	2 minutes			

Test Item	How long should a player be suspended when awarded a green card		
Distracters and correct answer	A. 2.5 minutesB. 5 minutesC. 2 minutesD. 10 minutes		

Key (answer)	С
--------------	---

DIT/QS	Test Item Database Written (Theory) Test Item- no. 5			
Occupational Title:	Field Hockey Practitioner			
Competence level:	Level 1			
Code no.	UE/FHP/M 1.1			
	Short answer			
	Multiple choice			
Test Item type:	Matching item	Generic	Cause- Effect	Work- sequence
		\checkmark		
Complexity level:	C2			
Date of OP:	September 2020			
Related Modules:	M1.1			
Time allocation:	5 minutes			

Test Item Match the following Field Hockey tools with their functions.

	Column A (Tools)		
1	String		
2	Pegs		
3	Rollers		
4	Tape measure		
5	Paint		

	Column B (Functions)		
Α	Determine length		
В	Apply paint		
С	Mix the paint		
D	Fence the hockey field		
Е	Connect points		
F	Point marker		
G	For marking and making lines visible		

Key (answer)	1-E, 2-F, 3-B, 4-A, 5-G
--------------	-------------------------

DIT/QS	Test Item Database Written (Theory) Test Item- no. 6			
Occupational Title:	Field Hockey Practitioner			
Competence level:	Level 1			
Code no.	UE/FHP/M 1.3			
Test Item type:	Short answer			
	Multiple choice			
	Matching item	Generic	Cause- Effect	Work- sequence
		\checkmark		
Complexity level:	C2			
Date of OP:	September 2020			
Related modules:	M1.3			
Time allocation:	5 minutes			

Test Item	Match the following terms with their meaning as used in Hockey games
-----------	--

	Column A (Terms)		
1.	Obstruction		
2.	Body play		
3.	Back stick		
4.	Hockey stick interference		
5.	Raise ball		

	Column B (Meaning)				
Α	When a player hits, flicks or scoops a high ball towards an opponent within 5 metres				
В	Player uses their body or stick to prevent an opponent from reaching the ball				
С	When a player position themselves between a ball and an opponent allowing a team-mate an unobstructed play on the ball.				
D	When a player plays the ball using any part of the body				
Е	When the player uses their body or a stick to prevent an opponent from getting the ball				
F	When a player sticks the ball with rounded back of the hockey stick				
G	When the player uses their stick to hit an opponent's stick either intentionally or unintentionally				

Key (answer) 1-E, 2-D, 3-F, 4-G, 5-A

DIT/QS	Test Item Database Written (Theory) Test Item- no. 7			
Occupational Title:	Field Hockey Practitioner			
Competence level:	Level 1			
Code no.	UE/FHP/M 1.3			
	Short answer			
	Multiple choice			
Test Item type:	Matching item	Generic	Cause- Effect	Work- sequence
				$\sqrt{}$
Complexity level:	C2			
Date of OP:	Date of OP: September 2020			
Related Modules:	M1.3			
Time allocation:	3 minutes			

Test Item	Arrange the following steps in administering First Aid to a Hockey player who has injured his knee during playing
-----------	---

Column A (chronology)	Column B (work steps) in wrong chronological order	
1 st	Α	Identify the type injury
2 nd	В	Refer causality for further management
3 rd	С	Rest the injured part
4 th	D	Elevate the injured part above the level of the heart
5 th	Е	Use bandage to compress
6 th	F	Apply ice to the injured part
7 th	G	Stop the activity

Key (answer)	1-G, 2-C, 3-A, 4-F, 5-E, 6-D, 7-B
--------------	-----------------------------------

PERFORMANCE TEST ITEMS (SAMPLES)

DIT/ QS	Test Item Database Performance Test Item- no. 8	
Occupational Title:	Field Hockey Practitioner	
Competence level:	Level 1	
Code no.	UE/FHP/M 1.1	
Test Item:	Perform the following grips in Field Hockey using appropriate equipment i Basic grip ii Double V grip iii One hand grip	
Complexity level:	P2	
Date of OP:	September 2020	
Related module:	M1.1	
Related skills and knowledge:	 Basic grip, v-grip, one hand grip, warm up and cool down activities First Aid for grip injuries Protective gears and their uses Hockey equipment and their use Griping techniques 	
Required tools, Materials and Equipment:	Hockey stick, Hockey ball, drinking water, First Aid kit, gloves, helmet	
Time allocation:	1hour	
Preferred venue:	Hockey field	
Remarks for candidates	Players must have personal protective equipment	
Remarks for assessors	 Provide helpers for the Hockey player For one hand grip, the candidate will be scored on one hand that he/she is comfortable using (either left or right hand) 	

# Assessment		Scoring guide	Max. Score	
"	" criteria	Scoring gaide	Process	Result
1	Preparation of task	Wore the right sports attire (canvas shoes, jerseys)		3
		Selected materials, tools and equipment	3	
		Right tools, equipment and materials observed		1

UVQF: Assessment and Training Package (ATP) for a FIELD HOCKEY PRACTITIONER QUALIFICATION LEVEL: 1 September 2020

# Assessment		Saaring guida	Max. Score	
#	criteria	Scoring guide	Process	Result
1	Basic Grip	STANCES		
		Feet shoulder width apart		1
		Left knee and shoulder faced towards the target		1
		Body weight evenly distributed on both legs		1
		POSITION OF THE HANDS		
		One hand on top and the second in the middle of the stick observed.		1
		The top hand made a firm grip and the middle hand was slightly loose.		1
		The thumb and the index finger formed a V		1
		BALL POSITION		
		Ball positioned 1.5 meters in front of the body		1
		ALIGNMENT OF THE STICK		2
		The flat surface face towards the ball		2
2	Double v-grip	STANCES	1	
		Feet shoulder width apart	·	
		One leg was in front of the other with knees flexed to assume a low body position	3	
		POSITION OF THE HANDS Hands were close together at the top of the stick	2	
		Thumb and index finger of both hands formed a V	2	
		BALL POSITION Ball was positioned 1.5 meter in front of the ball		1
		ALINGMENT OF THE STICK		1
		The flat surface faces towards the ball		1
3	One handed grip	STANCES	1	
		Feet shoulder width apart	'	
		One leg was in-front of the other with knees flexed to assume a low body position	3	

UVQF: Assessment and Training Package (ATP) for a FIELD HOCKEY PRACTITIONER QUALIFICATION LEVEL: 1 September 2020

#	Assessment	Scoring guide	Max. Score	
#	criteria	Scoring guide	Process	Result
		POSITION OF THE HANDS		
		For the right handed grip	1	
		Used right hand to grip the top of the stick	'	
		The thumb and index finger pointed	2	
		the V at the toe-edge of the stick		
		OR		
		For the left handed grip		
Placed left hand at the top of the		Placed left hand at the top of the stick		
		Held stick such that the thumb and index finger's V are in line with the back edge of the stick-opposite the toe edge		
		BALL POSITION		
		Ball was positioned 1.5meter in front of the ball		1
		ALIGNMENT OF THE STICK		2
		The flat surface faced towards the ball		4
TOT	TAL .		18	18
Maximum score (Y)		(X/Y)	3	6

4.0 ATP- PART IV

INFORMATION ON DEVELOPMENT PROCESS

4.1 Development process (September 2020)

The Assessment and Training Package was exclusively developed by Field Hockey Practitioners, secondary school teachers who train Field Hockey, and curriculum development specialists working with the National Curriculum Development Centre (NCDC).

The job expert panel, guided by UVQF facilitators developed the Occupational Profile that mirrors duties and tasks performed in the world of work and also provided additional generic information regarding the occupation.

Basing on the Occupational Profile, they developed training modules that will guide Field Hockey Practitioners on the job as well as in training centres.

Basing on the Occupational Profile and Training Modules, they developed assessment instruments that can be used to assess whether a person complies with the requirements of employment as a Field Hockey practitioner.

4.2 Methodology

The rationale for the Assessment and Training Package development was to link Vocational Education and Training to the real world of work by bridging Occupational Standards to Training Standards through industry-led Standards-Based Assessment.

Active participation of Field Hockey trainers, job practitioners and NCDC Physical Education specialist panels consolidated the development philosophy.

The panelists worked as teams in workshop settings complemented by offworkshop field research and literature review activities including international benchmarking.

4.3 Development Panels

The participating panels of Field Hockey Practitioners (job practitioners), secondary school teachers who train Field Hockey, and curriculum development specialists working with the National Curriculum Development Centre (NCDC) required at the different stages of development exercise were constituted by members from the following institutions/organisations:

	Development Panel				
No.	Name	Institution/Organisation			
1	Mukiibi Charles	NCDC			
2	Kasasa Vincent Arnold	Hockey Federation			
3	Nashimolo Michael	Gayaza High School			
4	Nansubuga Florence	King's College Buddo			
5	Kagere Aisha Kateregga	UHA			
6	Tushabe Jonan	Seeta High School Main			
7	Tumusiime Geoffrey	Mbarara City High School			
8	Gwom Robert	Mt St Mary's Namagunga			
9	Mugisha Christopher B	Old Kampala S.S			
10	Mbabaali Ronald	Holy Family S.S.S			

4.4 Quality Assurance panel

The quality checking panel comprised of a team with exceptional technical expertise and experience as job practitioners, lecturers, sports administrators and national curriculum development specialist.

The team carefully and objectively critiqued the entire ATP and assured that the quality of the ATP meets the required standards.

Quality Checking Panel		
No.	Name	Organisation
1	Mr. Katende S David	National Council of Sports (NCS)
2	Mr. Balagana Charles Mukiibi	Kyambogo University
3	Mr. Tushabe Jonan	Directorate of Industrial Training
4	Ms. Erinah Balungi	National Curriculum Development Centre (NCDC)
5	Dr. Byaruhanga Kadoodooba	Kyambogo University
6	Ms. Ddembe N Hajarah	Ministry of Education and Sports (MoES)
7	Mr. Okou-Imakit J.M	Kyambogo University

4.5 Facilitator team

This Assessment and Training Package was reviewed by a Facilitator team listed below:

- 1. Team Leader: Ms. Mukyala Ruth, Ag. Deputy Director/QS Dept., DIT
- 2. Facilitators (Development process):

Ms. Ainembabazi Faith and

Ms. Babirye Pamela DE DIT.

- 3. Facilitators (Quality checking process): Baliraba Elizabeth, DIT.
- **4. Data Entrants:** Ms. Orishaba Tracy, Mr. Nuwe Eria, Mr. Etteit Luke and Turyasingura Yusuf
- **5. Edited by**: Ms. Mukyala Ruth Ag. Deputy Director QS Dept. DIT.
- 6. Coordinated by: Mr. Byakatonda Patrick, Ag. Director, DIT.

4.6 Reference time:

The Assessment and Training Package was compiled in September 2020 and may be periodically revised to match the dynamic trends in the occupation and hence issued in different versions.

References

- 1. Boyle P.M., Mahoney C.A., Wallace W.F (1994). *The competitive demands of elite male field hockey*. J Sports MedPhys Fitness.
- 2. Elferink-Gemser M.T., Visscher C., Richart H., Lemmink K.A.P.M (2004). Development of the tactical skills inventory for sports. Percept Mot Skills.
- 3. Ghosh A.K., Goswami A., Mazumdar P., Mathur D.N. (1991). *Heart rate and blood lactate response in field hockey players*. Indian J Med Res
- 4. Hoffman, J. (2006). *Norms for fitness, performance, and health.* Champaign, IL: Human Kinetics.
- 5. Jeffreys I (2007). Conditioning for field hockey. Small side games to improve. NSCA's Perf Train J.
- 6. Kerr R., Ness K (2006). *Kinematics of the field hockey penalty corner push-in.* Sports Biomech, 2006.
- 7. Lemmink K.A.P.M., Elferink-Gemser M.T., Visscher C (2004). Evaluation of the reliability of two field hockey specific sprint and dribble tests in young field hockey players. Br J Sports Med.

- 8. Mallett, C.J., Rossib, T., Rynne, S.B. & Tinning, R. (2015). *Physical Education and Sport Pedagogy.*
- 9. Murtaugh K (2009). Field hockey injuries. Curr Sports Med Rep, 2009.
- 10. Reilly T., Borrie A (1992). Physiology applied to field hockey. Sports Med, 1992.
- 11. Safrit, M.J., and Wood, T.M., (1995). *Introduction to measurement in physical education and exercise*. (3rd Ed.). St. Louis, MO: Mosby.
- 12. Spencer M., Bishop D., Lawrence S (2004). Longitudinal assessment of the effects of field-hockey training on repeated sprint ability. J Sci Med Sport
- 13. Starkes J.L (1987). *Skill in field hockey: The Nature of the cognitive advantage*. J Sport Psychol, 1987.
- 14. Strzelczyk R., Konarski J., Karpowicz K., Janowski J. (2001). Changes in the main abilities of field hockey players during the preparatory period leading up to the main competition. Gymnica.
- 15. Watson A.W.S (1997). *Injuries in schoolboy players of basketball, field-hockey, hurling, Gaelic football, rugby and soccer.* N Z J Sports Med.



